



Yuri Lewicky MD

1840 N. Jasper Dr.

Flagstaff, Az 86001

Phone (928) 226-2900 Fax (928) 774-7767

Ankle Syndesmosis Tightrope Protocol:

The patient underwent tight rope fixation for ankle syndesmotic injury. Postoperatively they will be placed into a splint and will be nonweightbearing for the first 2 weeks. At that point if fracture fixation is deemed secure then 50% weightbearing will be permitted in a walker boot. At 6 weeks postoperatively full weightbearing will be allowed. Physical therapy will then be initiated.